

Caring for Kids After an Event: A Guide to Supplies

Child Care Health Program
Public Health –
Seattle & King County
Seattle Emergency Management

Grab & Go Bag



In each classroom

Ready Kit



Life Safety Administrative

3-day supply for program

GRAB & GO KIT

Take it with you each time you leave the classroom!

- Back pack, labeled for easy identification
- Emergency forms for students and staff
- “Rescue” medications with authorization forms
 - First Aid Kit
 - Flashlight & Batteries
 - Whistle
 - Bottle of water
- Tarp or ground cover & emergency blankets
 - Tissues, toilet paper, &/or wipes
- Age-appropriate snacks/infant formula
- Diapers &/or other essential supplies
- Age-appropriate time passers (books, crayons, paper, etc...)

Water

- What water supplies do you have on site?
- How will you store additional water?
- How will you distribute the water?



Food

- Food options
 - Familiar foods recommended
 - Special diets accommodated
- Food supplies on site
- Storing food
- Distributing food
 - Supplies?
- Rotating food
 - Who will be responsible?



What about Comfort Kits?

- A complicated proposition, due to
- need for 100% compliance
 - very limited quantity of food/fluids
 - expiration dates
 - limited control over contents
 - allergies
 - letters
 - storage

Shelter & Comfort

- What are your options?
- What might you need?



Survival: Elimination



Two kinds of people
after a disaster.....

- Plastic bags and buckets
- Other options
- Privacy?

Games & Activities

- What kind of games and activities can you do?
- What supplies do you need to play the games?
- Are there safety considerations?



Critical Medications & Other Supplies

- Does anyone take critical medication at home?
- Does anyone have special needs?
 - Do you know how to care for them overnight?
 - Would you need special supplies?



Communication

- How will you know what's happening inside your program?
- How will you know what's going on 'out there'?



Search & Rescue



Do you have what you need to keep volunteers and staff safe?

First Aid

If the ambulance can't arrive, what extra supplies might you wish for?



Administration



What do you need to keep everything straight?

Suggestions for organizing supplies

- Keep it portable
- Make it accessible
- Keep it simple

Disaster Supplies

- Camping stores or camping departments
- Home improvement stores
- Mail order
 - Red Cross store
 - www.redcrossstore.org
 - Emergency Preparedness Service (Seattle)
 - emprep.com or eps-direct.com
 - Prepare Smart (Redmond)
 - preparemart.com
 - SOS Survival Products (CA)
 - sosproducts.com
